

# Character of Education and Career & Technical Education

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## Character of Education programs allow children and young adults to develop into well-rounded, empathetic individuals.

Character of education programs provide [necessary social and emotional development](#) for both students and teachers. Programs like [Actions Civics Programs](#) and [Social Emotional Learning \(SEL\)](#) programs have shown promise. These programs support healthy social-emotional development and are especially important for students from [low-income backgrounds](#).

## Career and Technical Education (CTE) programs have shown to help students prepare for college and careers after graduation.

CTE programs have shown to help students prepare for the [transition to life after high school](#), be that career or college. Research has shown that [students are interested](#) in learning about and training for their future careers. CTE programs seem to be especially helpful for [students with disabilities](#).

### Character Education Programs

[Action civics programs](#) provide students with opportunities to participate in civic engagement. These programs aim to:

- Learn & engage inside and outside the classroom
- Base projects on student interest
- Evaluate their own actions, barriers, and successes
- Take on leadership roles and act

[Social Emotional Learning](#) trains children, parents, and teachers.

- Children develop empathy and problem-solving skills
- Teaching strategies are matched to the child's temperament

### Example Programs

- [Teach it Plain and Simple \(TIPS\)](#): resources for teaching
- [INSIGHTS](#): Social-emotional and academic intervention.
- [HighScope](#): Evaluation of an intervention for self-regulation skills.

### Career & Technical Programs

Research has shown that students who are exposed to [CTE programs are more likely to](#):

- Graduate high school
- Enroll in a two- year college
- Be employed
- Have higher wages

Importantly, CTE programs show positive outcomes with [at-risk groups of students](#) like those from low income backgrounds and those with a disability.

### Example Programs

- [Connections Academy](#): online CTE programing.
- [Academies of Nashville](#): part of Metro Nashville Public Schools
- [Wilson Talent Center](#): CTE courses for juniors and seniors in Michigan.
- [Gilbert Public Schools CTE](#): courses for high schoolers in Gilbert, AZ.
- [Washington State CTE](#): statewide programs for middle and high school students.
- [Carl D. Perkins Career and Technical Education Improvement Act of 2006](#)