# **Ensuring Services for Victims of Crime: Penalty Financing and Local Coordination** March, 2021



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Over 5.8 million people in the U.S. were victims of violent crime (e.g., domestic violence, sexual assault), in 2019.1 In the same year approximately 678,000 children were victims of abuse or neglect.<sup>2</sup> Crime victimization is costly to both victims and society.<sup>3,4</sup> The resources victims need are often provided by victim service providers and victim advocate agencies, which heavily rely on funding through the Victims of Crime Act's (VOCA) Crime Victims Fund (CVF). The CVF is financed by offenders – fines, forfeitures, and penalty assessments on criminal offenders of federally prosecuted crimes – not taxpayers. Through the CVF, states provide the primary funding source for victim services agencies to deliver direct resources and services that victims desperately need. Deposits into the CVF have dropped 86% since 2014 and, to the detriment of victims, the CVF is projected to reach a ten-year low in 2021.<sup>5</sup> Steps must be taken to protect victims' access to essential victim services.

## **Victim Needs and Service Providers**

Being the victim of a crime or witnessing violence are stressful events which can leave victims with unmet essential needs. Prolonged stress can lead to physical (e.g., cancer, diabetes, stroke) and mental health problems (e.g., anxiety, depression) due to problematic health behaviors (e.g., poor nutritional intake, substance use) and chronic overexposure to stress hormones (e.g., cortisol).<sup>6,7</sup> Addressing the varied needs of victims is important for their long-term health and wellbeing.

Victim service providers (VSPs) offer physical, emotional, and psychological services to victims of crime. In 2018, there were over 6,000 VOCA-funded service providers that assisted 6.3 million crime victims.<sup>8</sup> Examples of services provided to victims include:

- Evidence-based trauma therapies. A lack of mental health services can lead telehealth. to increased use of costly emergency services for both children and adults. 10,11 When victims of assault are provided with mental health services, symptoms of PTSD, suicide, anxiety, and depression decrease and reports of social support and positive mental health outcomes increase. 12-14
- Housing assistance. Crime victimization is linked with increased homelessness. Being provided safe, stable housing and receiving temporary financial assistance greatly reduces the likelihood that families enter homeless shelters. 15-18 Rapid rehousing and flexible funding programs enable victims to meet their basic needs. 19
- Criminal and civil justice system assistance is related to greater safety, psychological well-being, and financial independence for women.<sup>20,21</sup> Receipt of civil protective orders help survivors endure less severe abuse and experience less fear of future harm.<sup>22</sup>
- Advocacy organizations provide critical information about victims' rights and provide emotional support through accompaniment to law enforcement interviews or forensic medical exams. Accessing healthcare after a sexual assault allows victims to be treated for injury, receive preventive care for infections, and allows for preservation of evidence of the assault which may be key to successful prosecution. <sup>23–25</sup> Alternatively, delayed access to appropriate healthcare can result in increased mental health issues and negative physical health consequences. <sup>26</sup>

## **Broken Pathways to Service Access**

Crime victims seek help and support through various informal (e.g. friends, family) and formal (e.g. advocacy organizations, healthcare, or law enforcement) pathways. Victim characteristics – including race, gender, and age – can impact whether and how victims disclose their victimization and access services.

• U.S. Department of Justice studies estimate that only 23% of sexual assaults are reported to police. 1,27,28 Victims of sexual assault or domestic violence may be reluctant to report to law enforcement due to complex circumstances, especially

- Crime victimization is both prevalent and costly due to negative short- and long-term outcomes.
- Access to resources and support from victim services providers can help victims through the recovery process after a crime occurs.
- VOCA's Crime Victims Fund (CVF), financed by offenders, supports victim service providers – but this fund is depleting.
- Breaks and inequities in service access underscore the need for legislative action to support victim service providers and the availability of trauma-informed services.

#### RECOMMENDATIONS

- Victim services should be sustained by penalty fees, grant programs, or educating prosecutors on the CVF.
- Encourage coordination between first responders and victim service providers.
- Support rural community access to specialized victim services via

**HIGHLIGHTS** 

<sup>1</sup> One example of an evidence-based trauma therapy is Cognitive Behavioral Therapy (CBT), through which people learn how to improve the effectiveness of their reactions to challenging situations.9

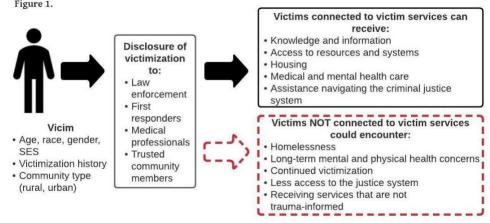
when the perpetrator is a family member or partner.<sup>29</sup> However, when healthcare services are delivered by a Sexual Assault Nurse Examiner (SANE; a registered nurse specially trained in sexual assault) or when victim advocacy organizations exist within a community, reports to law enforcement increase, successful prosecution of perpetrators increases, and victims receive more appropriate healthcare and have better mental health outcomes.

• When children are victims of crime (e.g., abused), Child Advocacy Centers (CACs) are essential to the investigative process, providing expert forensic interviews and medical exams in a safe, supportive environment tailored for children. Although the number of CACs across the country are increasing, 30 CACs are not mandatory or accessible in all areas, particularly rural counties. 31

Victims without access to specialized services provided by VSPs or CACs may receive services that are not trauma

informed.<sup>31,32</sup> Ideally, these unique and complimentary services should exist in every community, so victims can get help for their immediate needs, learn about their rights and options, and receive support as they access other services or engage with the justice system. For these reasons, it is essential that victims' access to multiple pathways to services (see Figure 1) is protected.

Inequities in access to services and care exist. Great disparities exist in



the quality of care victims receive, depending on whether they live in rural versus urban settings. Rural communities often have limited resources to fuel a comprehensive response to meet the needs of victims and lack of access to specialty healthcare services, such as Sexual Assault Nurse Examiners (SANEs).<sup>33</sup> Creative solutions are needed to ensure equitable access to quality care and services. A promising example is the use of telehealth to decrease inequities in the quality of forensic sexual assault care in underserved communities by providing expert SANE consultation, interactive mentoring, quality assurance and training to less experienced nurses via telehealth technology.<sup>34,35</sup>

Additional considerations: Race and gender. Lifetime prevalence of domestic violence and sexual assault are highest among women of color, who tend to turn to informal, rather than formal (e.g., VSPs), supports for help.<sup>36</sup> Male victims are also at a disadvantage for accessing services, due to personal reasons (e.g., shame or fear)<sup>37</sup> or a lack of services with a focus on male victims.<sup>38</sup> Individuals who identify as transgender or non-binary are especially at risk for crime victimization<sup>39</sup> but are least likely to access services generally due to lack of knowledge about the services available to them and concern about revictimization and blame.<sup>40</sup> VSPs are often uniquely trained and ready to support these populations but need funding and resources, such as the ability to leverage telehealth, to do so. Without access to these specialized services, inequities in victims' access to appropriate, trauma-informed services are not addressed.

# To better serve victims and protect the providers that assist them:

- Victim services should be sustained by penalty fees, grant programs, or educating prosecutors on the CVF. Deferred prosecution agreements (DPAs) and non-prosecution agreements (NPAs) are becoming exceedingly prevalent<sup>41</sup> yet funds from them are currently allocated to the General Treasury, not the CVF.
- Consider victims' access to services when assessing community need and legislative direction. Co-location service models, like the Family Justice Center Alliance, can provide referrals and information for both child and domestic violence victims in one location. <sup>42</sup> An expansion of CACs and inclusion of mobile units could offer additional access to child victims and their families.
- Incentivize the adoption of telehealth models of care for victims of violence. VSPs may help minimize breaks in service access when digitally connected with the appropriate experts (e.g., by working with nurses in settings that are subsidized by the CVF). Telehealth models of care in which regional hubs of expertise facilitate quality healthcare response in under-resourced, rural settings, show promise in growing and sustaining SANE programs.

# Resources with Additional Information About VOCA and the CVF

- Office for Victims of Crime: Formula Grants and Victims of Crime Act: Victim Assistance Formula Grant Program
- Sacco, L. N. (2020). The Crime Victims Fund: Federal Support for Victims of Crime (CRS Report No. R42672).
- National Association of VOCA Assistance Administrators

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